

Brain Health (Dementia, Alzheimer's) & the Skilling Institute Technologies:

“Using infrared significantly alters the slope and course of dementia...” Dr. Berman

SAVE YOUR BRAIN - Nitric Oxide Helps Our Cells Live Longer: (ANTI-AGING)

“In other words, nitric oxide helps our cells (including blood cells) live longer. And when nitric oxide production is slowed, inhibited or blocked, telomeres become shorter, and cells die earlier.”

<http://www.alsearsmd.com/2015/05/save-your-brain/>

“As a Dementia-Fighter, Nitric Oxide causes blood vessels to dilate.”

<http://www.alsearsmd.com/2015/05/save-your-brain/>

Nitric Oxide: Target for Therapeutic Strategies in Alzheimer's Disease

<https://pubmed.ncbi.nlm.nih.gov/20698819/>

Nitric Oxide Flips a Switch in Alzheimer's Disease

<https://alzheimersnewstoday.com/2014/11/13/nitric-oxide-flips-a-switch-in-alzheimers-disease/>

Sweating in sauna might help keep brain healthy: Finnish study

<https://www.reuters.com/article/us-finland-health-sauna/sweating-in-sauna-might-help-keep-brain-healthy-finnish-study-idUSKBN1532D2>

Frequent sauna bathing may protect men against dementia, Finnish study suggests

<https://www.sciencedaily.com/releases/2016/12/161216114143.htm>

Say NO to Alzheimer's disease: the putative links between nitric oxide and dementia of the Alzheimer's type

<https://www.sciencedirect.com/science/article/abs/pii/S0165017300000515>

Alzheimer's plaques lead to loss of nitric oxide in brain

<https://www.sciencedaily.com/releases/2011/01/110110103832.htm>

Endothelial nitric oxide deficiency promotes Alzheimer's disease pathology

<https://onlinelibrary.wiley.com/doi/full/10.1111/jnc.12334>

Blood vessel/nitric oxide health may affect Alzheimer's risk

<http://archive.jsonline.com/blogs/news/111141534.html>

Nitric Oxide Mimetic Molecules as Therapeutic Agents in Alzheimer's Disease (PDF)

<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.320.172&rep=rep1&type=pdf>

Nitric oxide might be an inducing factor in cognitive impairment in Alzheimer's disease via downregulating the monocarboxylate transporter 1

<https://www.sciencedirect.com/science/article/abs/pii/S1089860319300126>

Getting to NO Alzheimer's Disease: Neuroprotection versus Neurotoxicity Mediated by Nitric Oxide

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4677236/>

Additional Nitric Oxide Alzheimer's Articles:

http://www.acnr.co.uk/ND09/ACNRND09_nitric_acid.pdf

<http://www.ncbi.nlm.nih.gov/pubmed/15265275>

<http://www.ncbi.nlm.nih.gov/pubmed/20817920>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5459322/>

<http://www.tmc.edu/news/2018/03/shining-new-light-halting-progression-alzheimers-disease/>

Nobel Prize Awarded for Nitric Oxide (NO) Discoveries

Dr. Ignarro wrote a book called NO More Heart Disease and won a Nobel Prize for his work with NO (Nitric Oxide).

Nitric Oxide, Named the “Miracle Molecule” by Modern Science

*"From diabetes to hypertension, cancer to drug addiction, stroke to intestinal motility, mental, memory and learning disorders to septic shock, sunburn to anorexia, male impotence to tuberculosis, **there is probably no pathological condition where nitric oxide does not play an important curative role.**"*

*Only recently discovered (within the last 25 years) as a product of enzymatic synthesis in mammals, there are more than **114,000 scientific studies** dealing with this remarkable molecule with most of these published only within the last eight years." <http://nitricoxidesociety.org/>*

Super Sauna Encourages Body's Production of Nitric Oxide

The rich production of Nitric Oxide naturally produced by the body from infrared energy from Super Sauna use improves circulation, oxygenation, and blood flow.

Improved circulation, oxygenation, and blood flow play a vital role for the body's healing and regeneration process.

“Infrared actually facilitates changes in basic molecular function and removal of toxic proteins and advances the promotion and regeneration of new cells. It’s an actual physiological intervention.” Dr. Berman

<http://www.todaysgeriatricmedicine.com/archive/012312p6.shtml>

Combating Dementia with Infrared? By Maura Keller Aging Well Vol. 5 No. 1 P. 6

<http://photongenius.com/testimonials/>

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